
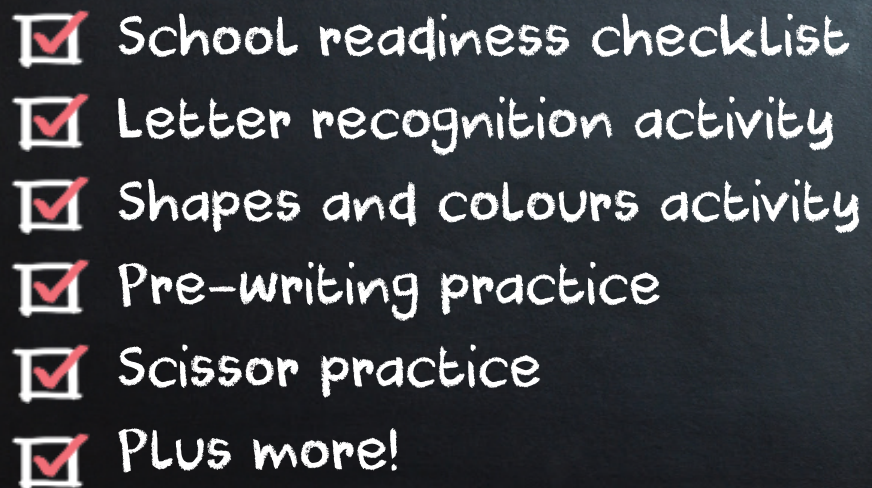


School Readiness Pack



Get your child ready for school with the
ultimate school readiness checklist
and fun activities inside!

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- ☒ School readiness checklist
 - ☒ Letter recognition activity
 - ☒ Shapes and colours activity
 - ☒ Pre-writing practice
 - ☒ Scissor practice
 - ☒ Plus more!



Social, physical and emotional skills

Before starting school, your child should be able to do most of these.

Social and emotional

- ☐ My child can use words to describe their feelings.
- ☐ My child can play with others, share, take turns and manage their emotions.
- ☐ My child can show empathy and kindness to others.

Listening and communication

- ☐ My child can listen to and follow directions.
- ☐ My child can sit and listen to a story.
- ☐ My child is willing to ask and answer questions.

Fine motor and self-care

- ☐ My child can get dressed and put their shoes on.
- ☐ My child can use buttons and zips.
- ☐ My child can go to the toilet and wash their hands.
- ☐ My child can blow their nose and brush their teeth.
- ☐ My child will eat a pre-packed lunch and clean up after themselves.
- ☐ My child knows their full name, address and date of birth.

Gross motor skills

- ☐ My child can clap his/her hands, unscrew lids and turn handles.
- ☐ My child can walk up and down stairs.
- ☐ My child can hop on one foot, jump, skip and stand on one foot.
- ☐ My child can kick and throw and catch a ball.

Academic skills

Before starting school, your child should be able to do most of these.

Reading

- ☐ My child has an interest in books, can hold them and turn the pages.
- ☐ My child can talk about their favourite books and stories.
- ☐ My child can name most or all of the letters of the alphabet.
- ☐ My child knows the sounds that letters make.
- ☐ My child can recognise upper and lower case letters.

Maths

- ☐ My child can count to 10 or 20 or beyond.
- ☐ My child can count small groups of things.
- ☐ My child knows shapes, colours and days of the week.
- ☐ My child knows terms such as morning, afternoon, night, yesterday, today and tomorrow.
- ☐ My child can draw/copy circles, squares and triangles.

Learning tools

- ☐ My child can copy shapes and lines, write and draw with a pencil and crayons.
- ☐ My child knows how to use paints and a paintbrush.
- ☐ My child can cut out shapes using age appropriate scissors.
- ☐ My child can use paste to glue together a picture.
- ☐ My child can use puzzles, counters and other learning tools.
- ☐ My child knows how to tidy up and put things away.

Letter recognition

W A F T H Y Q
☐ ☐ ☐ ☐ ☐ ☐ ☐

S K O N G C E
☐ ☐ ☐ ☐ ☐ ☐ ☐

I M U D J B X
☐ ☐ ☐ ☐ ☐ ☐ ☐

Z L P R V
☐ ☐ ☐ ☐ ☐

t l d b f k h
☐ ☐ ☐ ☐ ☐ ☐ ☐

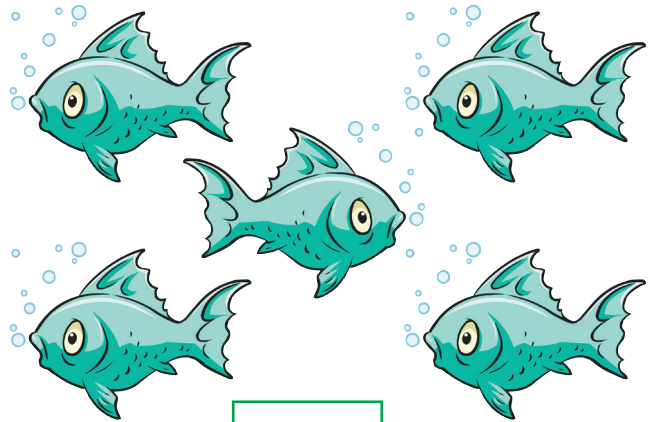
q n j g u y p
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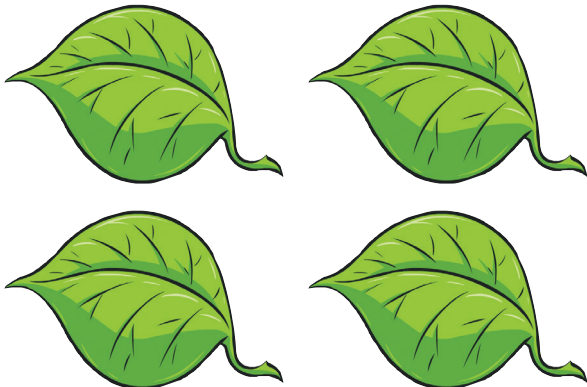
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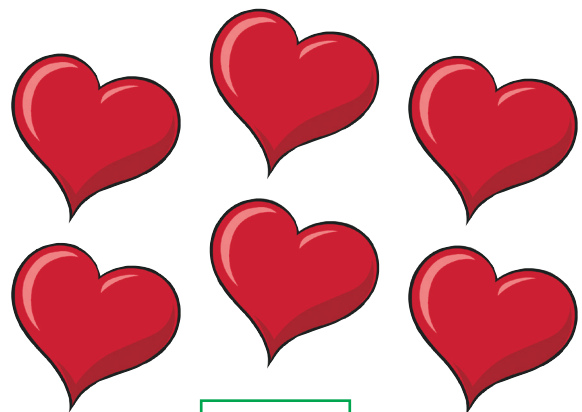
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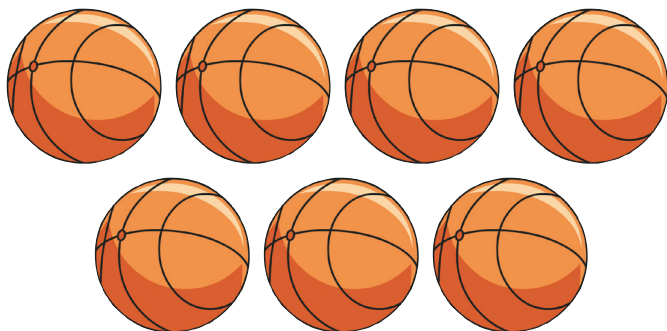
How many?







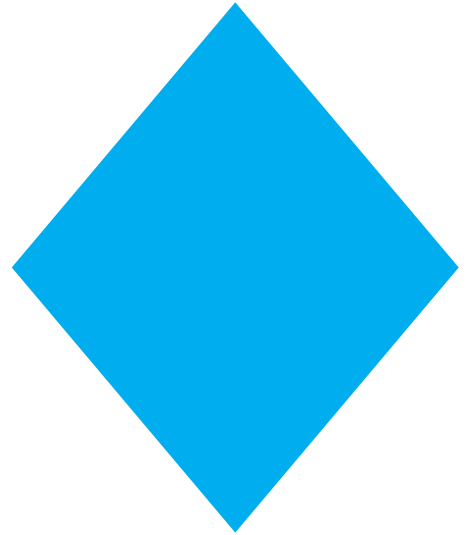
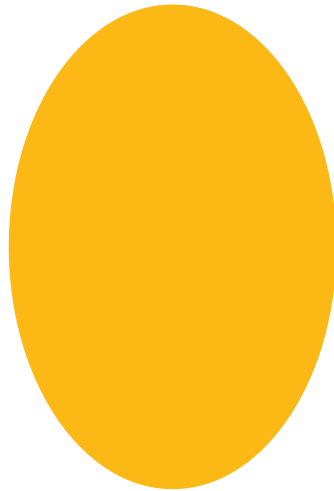
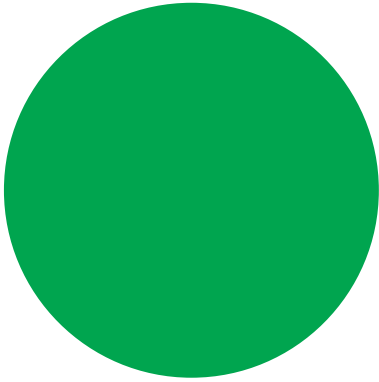






Shapes

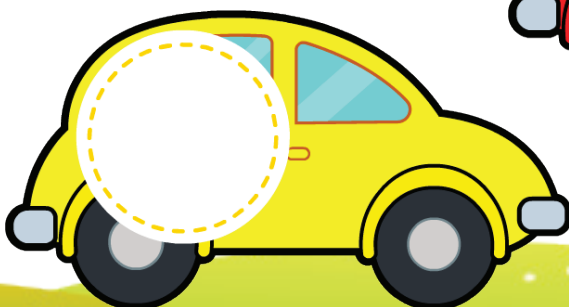
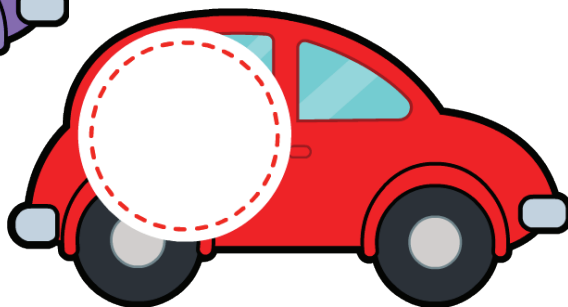
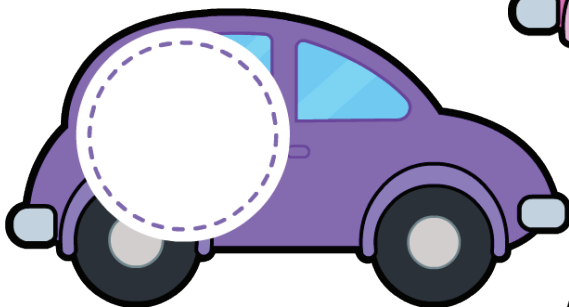
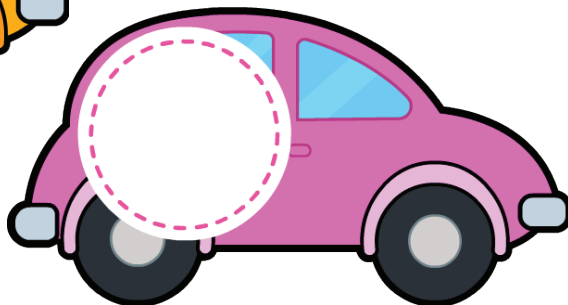
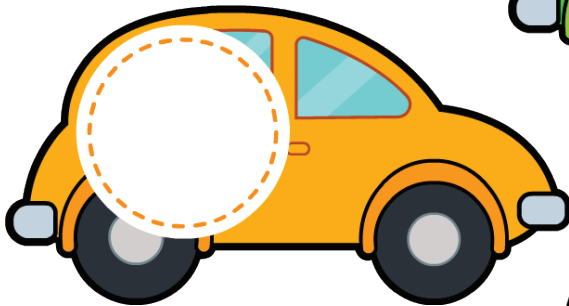
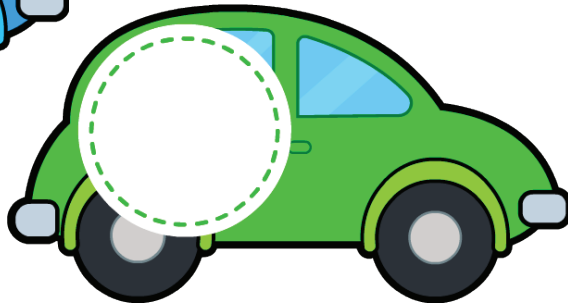
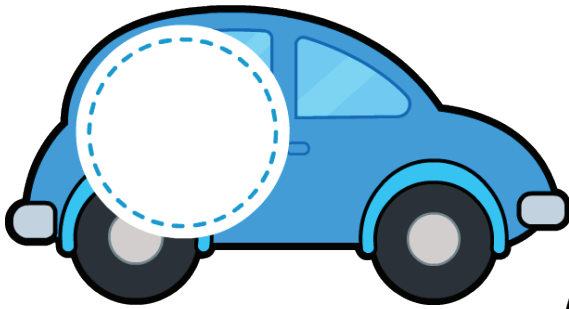
Name these shapes.



Colours

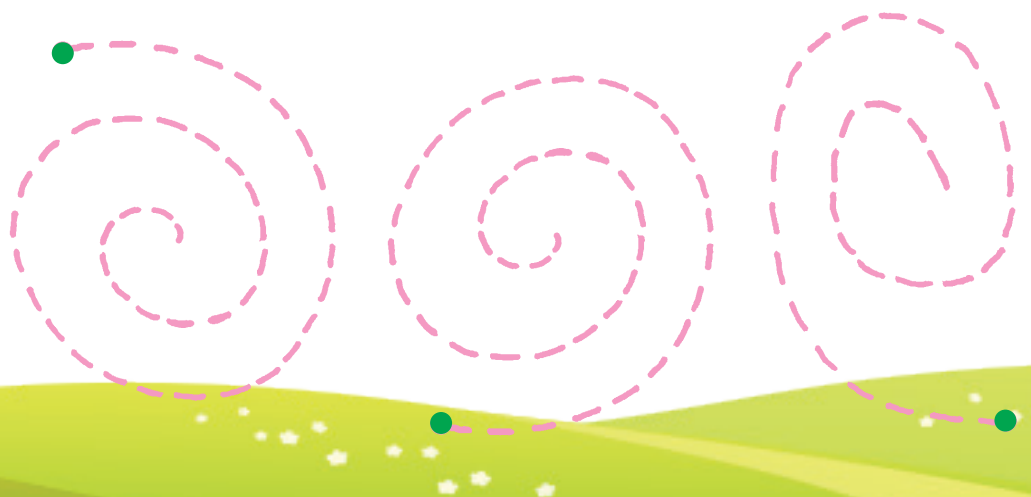
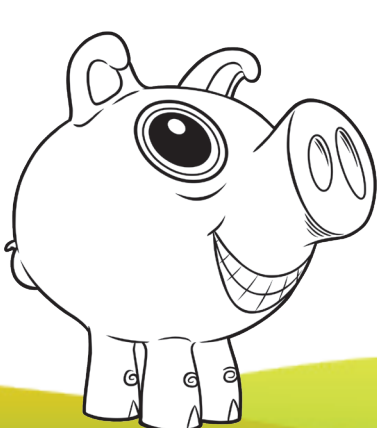
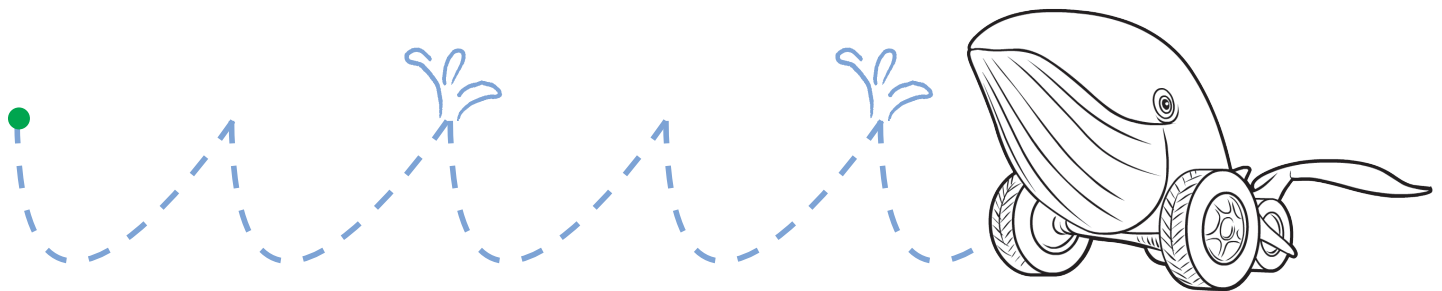
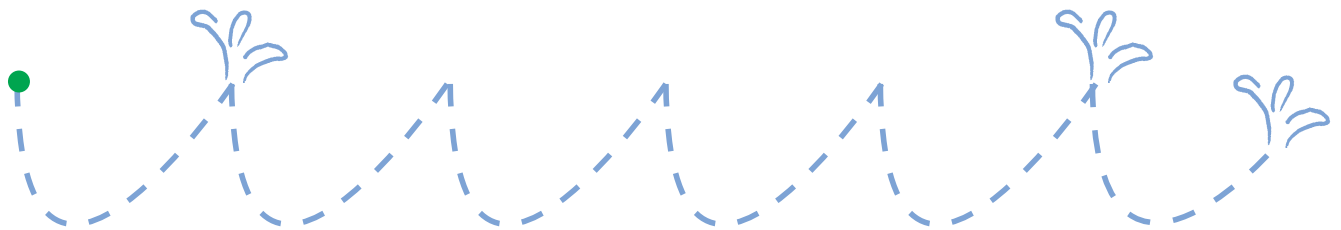
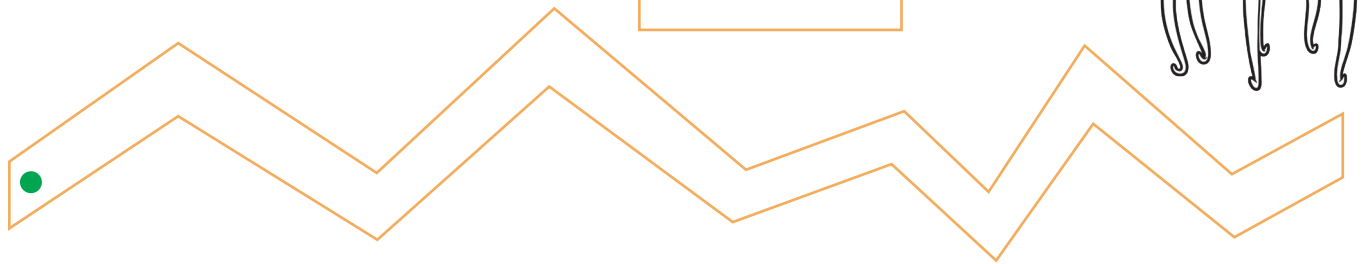
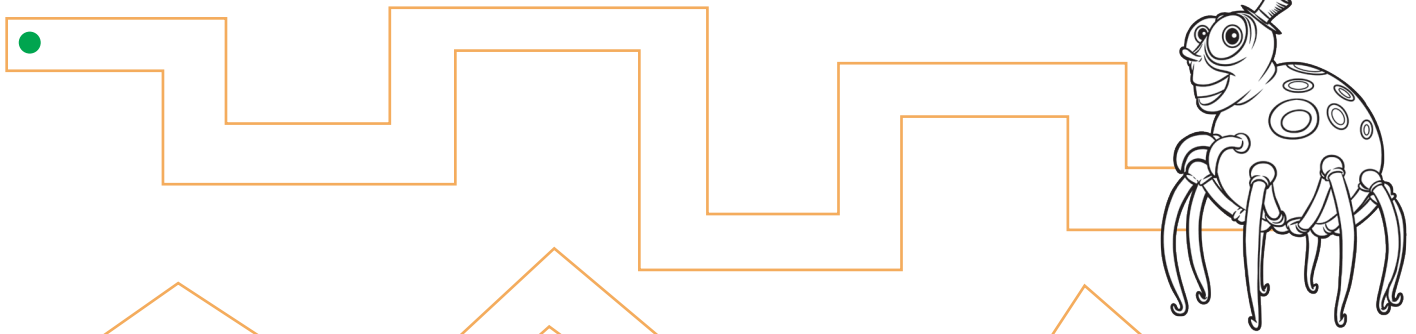
Cut out the circles and match to a car.

Name each colour.



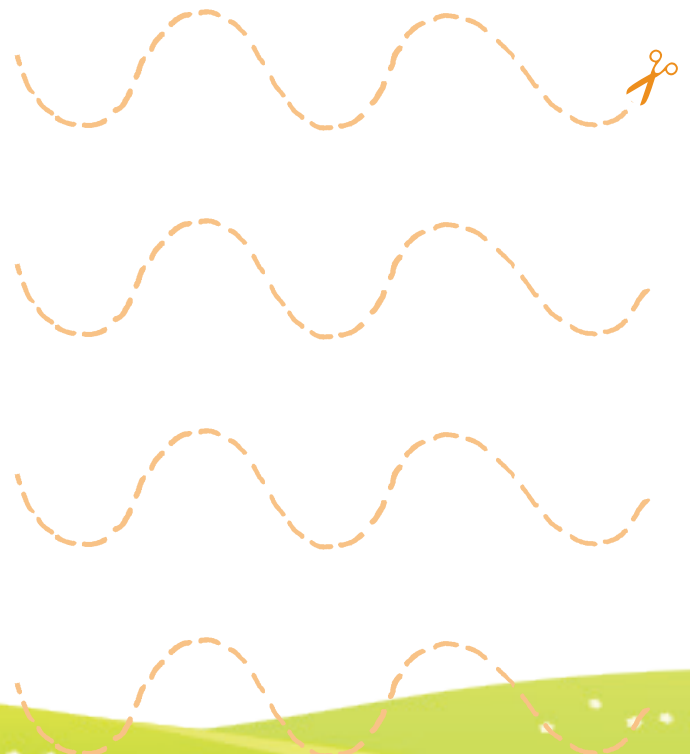
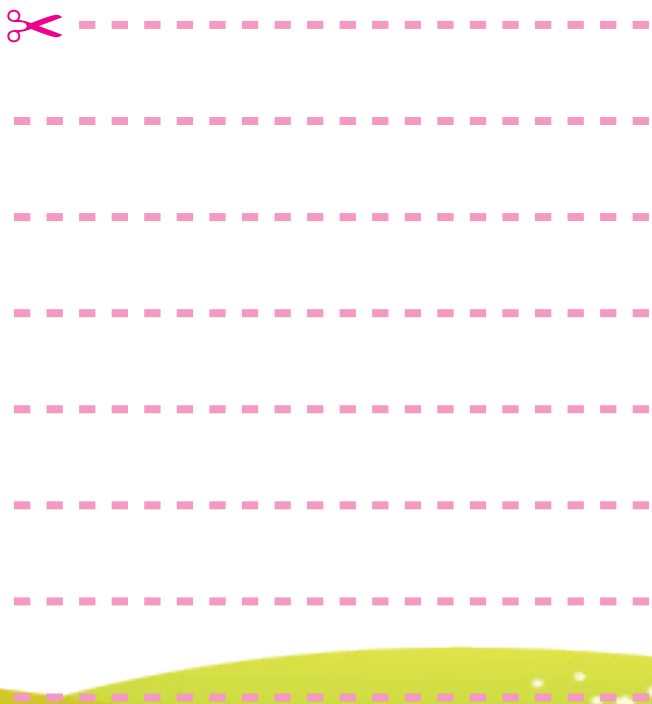
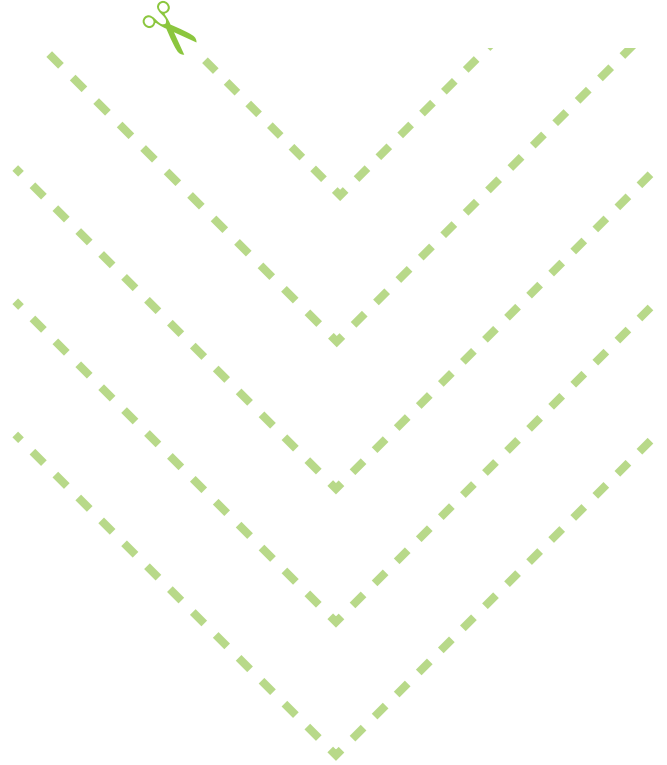
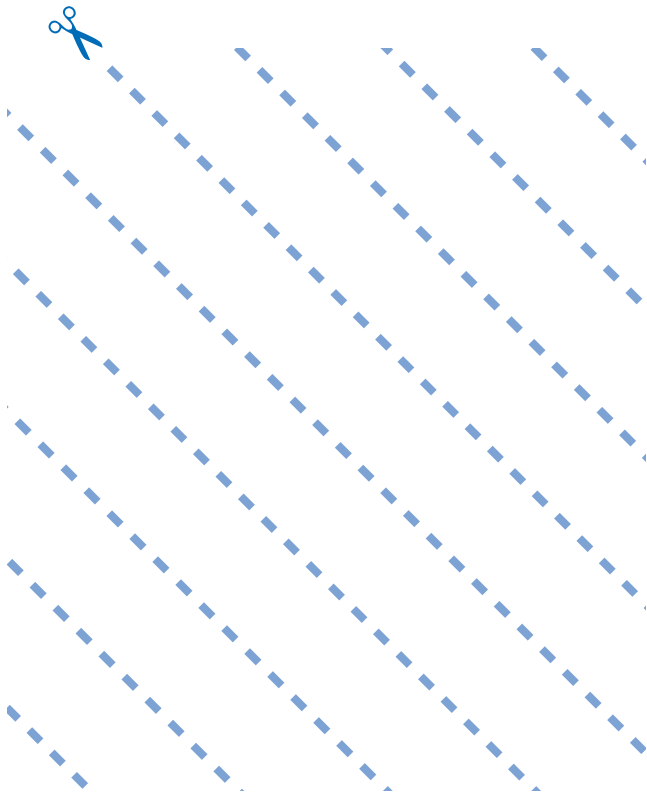
Pre-writing practice – lines

Follow the lines. Start at the dot.



Scissor practice

Trace first and then cut.



NAME _____

knows these skills

Circle each one your child knows.

Capital letters

What is the name of each letter?

A B C D E F G
H I J K L M N
O P Q R S T U
V W X Y Z

Lower case letters

What is the name of each letter?

a b c d e f g
h i j k l m n
o p q r s t u
v w x y z

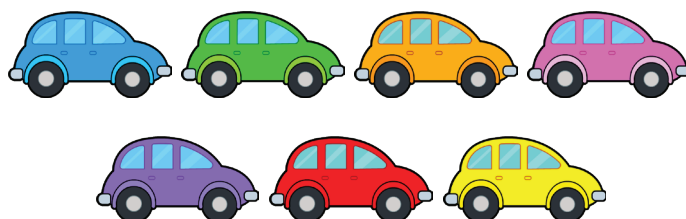
What is the letter sound?

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Shapes



Colours



Numbers

1 2 3 4 5
6 7 8 9 10



Are you ready for school?


☐

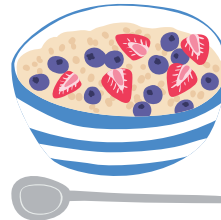
I am dressed.


☐

I put on my shoes.


☐

I ate my breakfast.


☐

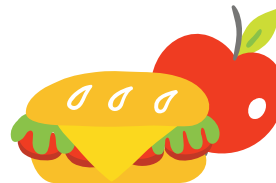
I brushed my teeth.


☐

My face is clean, my hair is tidy.


☐

I have my lunch.


☐

I packed my bag.



I am READY to go to School!